Physical Education (Year 9)

Invasion Games: Netball, Football, Basketball, Hockey, Ultimate Frisbee, Rugby

Initial- – a student whose	Emerging – a student	Developing – a student	Secure – a student who is	Advanced – a student	Mastered – a student who
understanding of the Y9	whose understanding of	who is developing their Y9	secure in the skills in the	whose understanding of	has mastered the skills in
PE skills is	the Y9 PE skills is	PE skills will be	Y9 PE curriculum will	the Y9 PE skills is	the Y9 PE
still emerging will be able	still emerging will be able	able to:	be able to:	still emerging will be able	curriculum will be able to:
to:	to:			to:	
Skills – able to link basic	Skills – able to link basic	Skills – able to combine	Skills – able to combine	Skills – able to modify	Skills – Analyse own
skills, e.g., throwing and	skills, e.g., throwing and	skills and ideas with	various skills and ideas	skills based on tactical	performance, identify
catching.	catching, with basic idea	reasonable control.	with good control and	considerations with	strengths and weaknesses,
	generation but limited		accuracy.	accuracy.	and develop solutions for
	accuracy.				improvement.
Tactics/compositional	Tactics/compositional	Tactics/compositional	Tactics/compositional	Tactics/compositional	Tactics/compositional
ideas – Understand simple	ideas – Understand and	ideas – Implement simple	ideas – understand	ideas – Be aware of and	ideas – Modify skills based
attacking and defending	begin to use simple	attacking and defending	simple attacking and	use simple attacking and	on tactical considerations
tactics/compositional	attacking and defending	tactics/compositional	defending tactics /	defending	with accuracy.
ideas.	tactics/compositional	ideas in small-sided	compositional ideas and	tactics/compositional	
	ideas.	activities.	be aware of them and use	ideas in various activities.	
			them in appropriate		
			activities.		
Evaluation skills – Watch	Evaluation skills – Watch	Evaluation skills – Be	Evaluation skills – Make	Evaluation skills – Make	Evaluation skills – Evaluate
others and discuss what is	others, provide feedback	aware of and use simple	judgments on what's	judgments on good and	own performance, create
good and not.	to help them improve.	attacking and defending	good and bad to aid	bad, provide feedback.	appropriate solutions.
		tactics/compositional	improvement.		
		ideas appropriately.			
Safety in sport – Explain	Safety in sport – Explain	Safety in sport – Be aware	Safety in sport – Apply	Safety in sport – Apply a	Safety in sport – Explain
basic principles of safety	safety principles and the	of and use simple	safety principles for	variety of safety	and demonstrate warm-up
in invasion games.	role of sports officials.	attacking and defending	preparation and	principles for preparation	components, evaluate
		tactics/compositional	competition.	and competition.	officials' impact on sports.
		ideas in various activities.			
Effects of exercise on the	Effects of exercise on the	Effects of exercise on the	Effects of exercise on the	Effects of exercise on the	Effects of exercise on the
body – Know the effects	body – Describe how	body – Modify skills based	body – Explain how	body – Evaluate body's	body – Evaluate body's
of exercise on the body.	exercise affects the body.	on tactical considerations	exercise affects the body	reaction to exercise.	reaction to exercise for
		with accuracy.	for overall health.		health benefits.

Strike & Field Games: Rounders, Soft ball and Cricket

Initial- – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Emerging – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Developing – a student who is developing their Y9 PE skills will be able to:	Secure – a student who is secure in the skills in the Y9 PE curriculum will be able to:	Advanced – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Mastered – a student who has mastered the skills in the Y9 PE curriculum will be able to:
Skills – Link basic skills like throwing, catching, and batting the ball.	Skills – Link basic skills and generate simple ideas with limited accuracy.	Skills – Join skills like throwing, catching, and batting a ball with reasonable control.	Skills – Join some skills and ideas on fielding or batting with good control and accuracy.	Skills – Choose the correct fielding or batting skills based on sports principles with consistent control.	Skills – Modify batting and fielding tactics based on evaluations and compositional ideas to improve performance.
Tactics/compositional ideas – Understand simple batting and fielding tactics/compositional ideas.	Tactics/compositional ideas – Understand and begin to use simple batting and fielding tactics/compositional ideas.	Tactics/compositional ideas – Watch others, provide feedback to help them improve.	Tactics/compositional ideas – Be aware of and use simple batting and fielding tactics/compositional ideas appropriately.	Tactics/compositional ideas – Be aware of and use simple batting and fielding tactics/compositional ideas in various activities.	Tactics/compositional ideas – Modify batting and fielding tactics based on evaluations and compositional ideas with accuracy.
Evaluation skills – Watch others and discuss what is good and not so good.	Evaluation skills – Watch others, provide feedback to help them improve.	Evaluation skills – Make judgments on what's good to help others improve.	Evaluation skills – Make judgments on what's good and bad to aid improvement.	Evaluation skills – Make judgments on good and bad, provide feedback.	Evaluation skills – Evaluate own performance, create appropriate solutions.
Safety in sport – Explain basic principles of safety in strike and field games.	Safety in sport – Explain safety principles and the role of sports officials.	Safety in sport – Explain and apply safety rules within competition.	Safety in sport – Apply safety principles for preparation and competition.	Safety in sport – Apply a variety of safety principles for preparation and competition.	Safety in sport – Explain and demonstrate warm-up components, evaluate officials' impact on sports.
Effects of exercise on the body – Know the effects of exercise on the body.	Effects of exercise on the body – Describe how exercise affects the body.	Effects of exercise on the body – Describe how exercise affects the body and why it's good.	Effects of exercise on the body – Explain how exercise affects the body for overall health.	Effects of exercise on the body – Evaluate the body's reaction to exercise.	Effects of exercise on the body – Evaluate the body's reaction to exercise for health benefits.

Racket Sports: Tennis, Badminton & Squash

Initial- – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Emerging – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Developing – a student who is developing their Y9 PE skills will be able to:	Secure – a student who is secure in the skills in the Y9 PE curriculum will be able to:	Advanced – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Mastered – a student who has mastered the skills in the Y9 PE curriculum will be able to:
Skills – Link basic skills such as serving, shots, and preparing the racket.	Skills – Link basic skills with basic idea generation but limited accuracy.	Skills – Join skills like serving, shots, and preparing the racket with reasonable control.	Skills – Join some skills and ideas on offensive or defensive moves with good control and accuracy.	Skills – Choose the correct offensive or defensive moves based on sports principles with consistent control.	Skills – Modify offensive or defensive moves based on evaluations and compositional ideas to improve performance.
Tactics/compositional ideas – Understand simple deflection tactics/compositional ideas.	Tactics/compositional ideas – Understand and begin to use simple deflection tactics/compositional ideas.	Tactics/compositional ideas – Implement simple deflection tactics/compositional ideas in small-sided activities.	Tactics/compositional ideas – Be aware of and use simple deflection tactics/compositional ideas appropriately.	Tactics/compositional ideas – Be aware of and use simple deflection tactics/compositional ideas in various activities.	Tactics/compositional ideas – Modify deflection tactics based on evaluations and compositional ideas, helping to improve with some accuracy.
Evaluation skills – Watch others and discuss what is good and not so good.	Evaluation skills – Watch others, provide feedback to help them improve.	Evaluation skills – Make judgments on what's good to help others improve.	Evaluation skills – Make judgments on what's good and bad to aid improvement.	Evaluation skills – Make judgments on good and bad, provide feedback.	Evaluation skills – Evaluate own performance, create appropriate solutions.
Safety in sport – Explain basic principles of safety in racket sports.	Safety in sport – Explain safety principles and the role of sports officials.	Safety in sport – Explain and apply safety rules within competition.	Safety in sport – Apply safety principles for preparation and competition.	Safety in sport – Apply a variety of safety principles for preparation and competition.	Safety in sport – Explain and demonstrate warm-up components, evaluate officials' impact on sports.
Effects of exercise on the body – Know the effects of exercise on the body.	Effects of exercise on the body – Describe how exercise affects the body.	Effects of exercise on the body – Describe how exercise affects the body and why it's good.	Effects of exercise on the body – Explain how exercise affects the body for overall health.	Effects of exercise on the body – Evaluate the body's reaction to exercise.	Effects of exercise on the body – Evaluate the body's reaction to exercise for health benefits.

Performance Activities: Dance, Trampolining & Gymnastics

Initial- — a student whose understanding of the Y9 PE skills is still emerging will be able to:	Emerging – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Developing – a student who is developing their Y9 PE skills will be able to:	Secure — a student who is secure in the skills in the Y9 PE curriculum will be able to:	Advanced – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Mastered – a student who has mastered the skills in the Y9 PE curriculum will be able to:
Skills – Link basic skills such as balances, travels, and shapes.	Skills – Link basic skills and generate simple ideas with limited accuracy.	Skills – Join skills like balances, travels, and shapes with reasonable control.	Skills – Join some locomotion and technical movements with good control and accuracy.	Skills – Choose the correct movement pattern based on fluency and end goal with consistent control.	Skills – Modify movement patterns based on evaluations and compositional ideas to improve performance.
Tactics/compositional ideas – Understand what makes a routine aesthetically pleasing/compositional idea.	Tactics/compositional ideas – Understand and begin to use what makes a routine aesthetically pleasing/compositional ideas.	Tactics/compositional ideas – Implement what makes a routine aesthetically pleasing/compositional ideas in a motif.	Tactics/compositional ideas – Be aware of and use what makes a routine aesthetically pleasing/compositional ideas in your own routine.	Tactics/compositional ideas – Be aware of and use what makes a routine aesthetically pleasing/compositional ideas in various activities.	Tactics/compositional ideas – Modify based on understanding how to make a routine aesthetically pleasing/compositional ideas and techniques, helping to improve with accuracy.
Evaluation skills – Watch others and discuss what is good and not so good.	Evaluation skills – Watch others, provide feedback to help them improve and understand different scoring systems.	Evaluation skills – Make judgments on what's good to help others improve, understand different scoring systems, and provide feedback.	Evaluation skills – Make judgments on what's good and bad to aid improvement, apply different scoring systems with feedback.	Evaluation skills – Make judgments on good and bad, provide feedback, apply different scoring systems.	Evaluation skills – Evaluate own performance, create appropriate solutions, apply different scoring systems.
Safety in sport – Explain basic principles of safety.	Safety in sport – Explain principles of safety in performance activities.	Safety in sport – Explain and apply safety principles and rules in performance activities.	Safety in sport – Apply safety principles for preparation and competition in performance activities.	Safety in sport – Apply a variety of safety principles for preparation and competition in performance activities.	Safety in sport – Explain and demonstrate warm-up components, adhere to safety procedures appropriate to activity, evaluating their effect.
Effects of exercise on the body – Know the effects of exercise on the body.	Effects of exercise on the body – Describe how exercise affects the body.	Effects of exercise on the body – Describe how exercise affects the body and why it's good.	Effects of exercise on the body – Explain how exercise affects the body for overall health.	Effects of exercise on the body – Evaluate the body's reaction to exercise.	Effects of exercise on the body – Evaluate the body's reaction to exercise for health benefits.

Athletics Events: Track & Field

Initial- – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Emerging – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Developing – a student who is developing their Y9 PE skills will be able to:	Secure – a student who is secure in the skills in the Y9 PE curriculum will be able to:	Advanced – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Mastered – a student who has mastered the skills in the Y9 PE curriculum will be able to:
Skills – Link basic skills such as running, throwing, and jumping.	Skills – Link basic skills with basic idea generation but limited accuracy.	Skills – Join skills like running, throwing, and jumping with reasonable control.	Skills – Join some skills and ideas within specific events with good control and accuracy.	Skills – a Choose the correct athletic skills based on the event with consistent control.	Skills – Modify and transition effectively based on evaluations and implement ideas with some accuracy in chosen events.
Modifications/transitions ideas – Understand simple modifications and transitions ideas.	Modifications/transitions ideas – Understand and begin to use simple modifications and transitions ideas.	Modifications/transitions ideas – Implement simple modifications and transitions ideas in a competitive situation.	Modifications/transitions ideas – Be aware of and use simple modifications and transitions ideas in appropriate events/situations.	Modifications/transitions ideas – Be aware of and use simple modifications and transitions ideas in various activities.	Modifications/transitions ideas – Modify and transition effectively based on evaluations and implement ideas with accuracy in chosen events.
Evaluation skills – Watch others and discuss what is good and not so good.	Evaluation skills – Watch others, provide feedback to help them improve.	Evaluation skills – Make judgments on what's good to help others improve.	Evaluation skills — Make judgments on what's good and bad to aid improvement, use feedback.	Evaluation skills – Make judgments on good and bad, provide feedback, apply different scoring systems.	Evaluation skills – Evaluate own performance, create appropriate solutions, apply different scoring systems.
Safety in sport – Explain basic principles of safety in Athletics.	Safety in sport – Explain safety principles in Athletics and the role of officials.	Safety in sport – Explain and apply safety principles and rules in Athletics and competition.	Safety in sport – Apply safety principles for preparation and competition in Athletics.	Safety in sport – Apply a variety of safety principles for preparation and competition in Athletics.	Safety in sport – Explain and demonstrate warm-up components, adhere to safety procedures in Athletics, evaluate the effect of officials.
Effects of exercise on the body – Know the effects of exercise on the body.	Effects of exercise on the body — Describe how exercise affects the body.	Effects of exercise on the body — Describe how exercise affects the body and why it's good.	Effects of exercise on the body – Explain how exercise affects the body for overall health.	Effects of exercise on the body – Evaluate the body's reaction to exercise.	Effects of exercise on the body – Evaluate the body's reaction to exercise for health benefits.